

Otoplasty

Post Operative Instructions

1. If your temperature reaches over 101 degrees or if there is any localized redness, swelling or drainage of the incision, call Vivian RN at 281-440-7797, ext 14.
2. You will be wearing a dressing for three days after your surgery, this should not be removed or disturbed.
3. Showers may not be taken until the dressing is removed by Dr. Worthing.
4. You will need to make an appointment for three or four days after your surgery and Dr. Worthing will remove the dressing. The incisions are to be cleaned with hydrogen peroxide daily. Do not use any ointments – the moisture in the ointments will slow the healing process.
5. Showers may be taken at this time.
6. Your ears will be numb and a headband or sweatband should be worn for six weeks to keep the ears in place and will protect them should you roll over on them during the night.
7. All pain medication and antibiotics should be taken with food.
8. If you have any questions, please call our office.